Hello SRA Junior Program Rowers and Parents,

This email is to inform you that starting January 1, 2022, all junior rowers will need to be SafeSport trained to compete in any US Rowing Regattas. This is a new requirement, so I would like to give you a little info, as well as directions on how to sign in and take the **15-minute online training course**.

As a member of USRowing, SRA is committed to improving the development and safety of athletes and participants involved in rowing. In an effort to prevent the emotional, physical, and sexual abuse of athletes, the SafeSport Act requires national governing bodies and Paralympic sports organizations to implement both prevention training and prevention policies. The 15 Minute “Safe Sport Training for High School Athletes” fulfills the prevention training requirement of the SafeSport Act.

Because SRA is a member organization of USRowing, SRA employees, contractors, volunteers, officials, board members, committee members, organizational members, and all participants, are required to comply with the U.S. Center for SafeSport Code of the U.S. and Paralympic Movement, including its reporting requirements, available here: https://uscenterforsafesport.org/wp-content/uploads/2020/03/2020-SafeSport-Code-04.01.20.pdf

**As a junior program rower at SRA, you are required to take one of the following trainings:**

* Junior rowers **who are UNDER 18** are required to take the 15-minute “SafeSport training for High School Athletes” before you will be allowed to register for any USRowing regattas after January 1,2022.
* Junior rowers **who are OVER 18** are required to take the 30-minute “SafeSport training for Adult Athletes” before you will be allowed to register for any USRowing regattas after January 1,2022.

**How to Access the Required Training**

1. If you do not already have a SafeSport training account, go to: <https://safesporttrained.org/#/dashboard>

2. Select **Enrollment Key** on the landing page and enter the following key where it says “key name”: NGBUSR-RFKt8f (This will ensure your training is linked to USRowing.)

3. Fill in the required information to sign up. **Use** **your US Rowing Member ID** as the “**Membership ID**” (to be sure your training is linked to your USRowing membership) and **Sammamish Rowing Association** as the “Name of Sport or Community Organization”. Your “Role” is **Athlete.**

3. Once your info is entered correctly, click the light blue “**Sign Up**” button at the bottom of the web page.

4. Select the “**SafeSport Training for High School Athletes**” or “**SafeSport training for Adult** **Athletes**” (depending on your age).

Once you have completed your training, your certificate should be saved within the SafeSport training system. You can access it at any time to print your certificate in the future if needed.

The goal is to get all junior rowers trained **by the start of spring season on January 10t**h. If you are not trained before your coach tries to register you for a regatta, RegattaCentral will not allow your coach to add you to a race lineup until your training is complete. I recommend everyone get trained as soon as possible, so you don’t forget and end up rushing to squeeze the training in at the last minute.

**Optional Parent Training**

SafeSport also offers a training for parents that is not required, but highly recommended. It is called “Parents Guide to Misconduct in Sport” and will take 30 minutes to complete.

1. To access the parent training, go to: <https://safesporttrained.org/#/dashboard>

2. Fill in the required information to sign up. **Leave the Member ID section blank** and enter **Sammamish Rowing Association** as the “Name of Sport or Community Organization”. Select **Parent** as your “Role”.

3. Once your info is entered correctly, click the light blue “**Sign Up**” button at the bottom of the web page.

4. From the Welcome page, select “**Catalog**” near the center of the page.

5. From the Catalog, select “**Parents Guide to Misconduct in Sport**” by clicking “**Enroll**”. From there, you can begin the online training session.

Thanks for completing your training requirements to help us keep SRA a safe place for all athletes. Please let me know what questions you have.

Thanks!

Trish Miller *(she/her)*

*SafeSport Coordinator*

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**Additional SafeSport Resources:**

* Great 2-minute video explaining who the U.S Center for SafeSport is and why they were created. <https://www.youtube.com/watch?time_continue=119&v=VkvKwFHVZcg&feature=emb_logo>
* US Center for SafeSport Website: <https://uscenterforsafesport.org/>
* USRowing SafeSport Info *(USRowing Website):* <https://usrowing.org/sports/2016/6/1/safesport.aspx?id=10>